## Youth Program Team Developmental-Asset-a-Month Calendar



. Cooling				
January Asset #14 ADULT ROLE MODELS Parent(s) and other adults model positive, responsible behavior Mentoring Month	February Asset #8 YOUTH AS RESOURCES Young people are given useful roles in the community Youth Leadership Month	March Asset #17 CREATIVE ACTIVITIES Young person spends three or more hours per week in lessons or practice in music, theater, or other arts Recreation Registration	April Asset #9 SERVICE TO OTHERS Young person serves in the community one hour or more per week Volunteer Month	May Asset #18 YOUTH PROGRAMS Young person spends three or more hours per week in sports, clubs, or organizations at school and/or in the community National Family Month Family Day - May 12 Get Out & Play - May 19 Rainbow Theatre's Miss Nelson is Missing May 4-1
June Asset #10 SAFETY Young person feels safe at home, school, and in the neighborhood Safety Month Summer Programs & Recreation Swim Begins June 25	July Asset #7 COMMUNITY VALUES YOUTH Young person perceives that adults in the community value youth Recreation & Parks Month  Rainbow Theatre's Grease July 26-August 4 4 <sup>th</sup> of July Celebration Pool Party 1-5pm Concert & Fireworks 8-9:30pm	August Asset #4 CARING NEIGHBORHOOD Young person experiences caring neighbors National Night Out	September Asset #6 PARENT INVOLVEMENT IN SCHOOLING Parent(s) are actively involved in helping young person succeed in school School Success Month	October Asset #2 POSITIVE FAMILY COMMUNICATION Young person and her or his parent(s) communicate positively, and young person is willing to seek advice and counsel from parent(s) Communicate with Your Kid Month
November Asset #41 POSITIVE CULTURAL IDENTITY Young person feels proud of her/his cultural background* Family Stories Month	December Asset #1 FAMILY SUPPORT Family life provides high levels of love and support Stress-Free Family Holiday Month			

Years of research by the Search Institute of Minneapolis have identified 41 "developmental assets" that have a proven relationship to healthy youth development. These assets include both external experiences which provide young people with support, empowerment and boundaries and the internal values, strengths and commitments that they need in order to thrive. As Asset Charts demonstrate, *there is a direct relationship between increasing the number of assets and decreasing the incidence of high risk behaviors such as violence and drug and alcohol abuse*.